

SOAP Bible Study Method

Beginning in this session and for the next few sessions, we will show you a variety of METHODS of Bible study. Today I am going to show you the simplest.

The **SOAP Bible study method** is quite simple and can be accomplished in less than 15 minutes each day.

Monthly Bible reading plans or scripture writing plans are perfect for doing a SOAP method because they give you a new verse for each day of the month.

30
DAY
JOURNEY

S Scripture

The first step of the SOAP method is to write out the verse of scripture in your journal or notebook.

This might seem like such a simple step, but we are more likely to remember something that we have physically written out (and not just spoke out loud).

Read it in a variety of translations.



Observation

Once you've written out the verse, the next step is to make some observations about the verse. This is where your Study Bible comes in handy.

- What stands out to you about this verse?
- What is the context of this verse where it is written in scripture?
- Who wrote this verse?
- Who was the audience?
- What does your Study Bible say about this verse?
- What else does the Bible say about this topic?

Write out any other questions you may have about this verse so you can meditate on it further.

Application

As you meditate on each verse, ask yourself these questions:

- What is God saying to me in this verse?
- How can I apply this verse to my life?
- Is there an area of my life that I need to change as a result of reading this verse?

This step is the whole point of studying God's word! We can read scripture all day long but if we don't understand how to apply it to our life, what was the point?

Write down the answers to these questions and any other questions the Holy Spirit puts on your heart!

P Prayer

The final step of the SOAP method is to talk to God about what you have read.

- God's Word reveals God's character so use that to praise Him.
- Whatever He revealed to you during your study time, ask Him for guidance and wisdom as you apply what you have learned.

Confess any sins that were brought to light and ask for forgiveness. Ask for grace and wisdom as you set out to make the necessary changes in your life as a result of what was revealed to you today!

SOAP Bible Study Method Example



S Scripture



Romans 15:13 "May the God of hope fill you will all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. "

O Observation

- Paul wrote this to the Christians in Rome; some were experiencing persecution and difficulty.
- The Holy Spirit is our source of hope.
- Joy is possible even in difficult times.
- God wants us to trust Him so that we will have joy and peace.

A Application

I know that no matter what the world may look like today (all the chaos and doom), God doesn't want me to live with a spirit of fear. He wants me to always be filled with joy and peace and always be hopeful for the future.

No matter what I see on the news or social media, no matter what the world seems to be telling me, God is with me, and my goal is to trust Him no matter what happens in my life.

P Prayer

Father, thank you for being the God of hope! You are the Prince of Peace and God of all joy! You are the source of Peace.

Lord, fill me with your Spirit so I can approach each day with joy and a peaceful heart. I know that you are in control, and no amount of worry on my part will change the plan you have already worked out for my life. Help me to trust you fully today in Jesus' Name. Amen!

What is your one takeaway from this session?